

		Required Minimum Quantities		
		Birth through 3 months	4 through 7 months	8 through 1 st birthday
FOOD COMPONENTS	FOOD ITEMS			
BREAKFAST	Breastmilk or Infant Formula	4-6 fl. oz.	4-8 fl. oz.	6-8 fl. oz.
	Vegetable/Fruit	0	0	1-4 Tbsp.
	Infant Cereal	0	0-3 Tbsp.	2-4 Tbsp.
SNACK	Breastmilk or Infant Formula	4-6 fl. oz.	4-6 fl. oz.	2-4 fl. oz.
	Bread or Whole Grain or Enriched Bread <i>or</i>	0	0	0-1/2 slice
	Cracker-type Product Whole Grain or Enriched Cracker-type Product <i>or</i>	0	0	0-2 crackers
	Teething Biscuit, Arrowroot Cookies	0	0	0-2 each
LUNCH OR SUPPER	Breastmilk or Infant Formula	4-6 fl. oz.	4-8 fl. oz.	6-8 fl. oz.
	Vegetable/Fruit	0	0-3 Tbsp.	1-4 Tbsp.
	Infant Cereal and/or Infant Cereal <i>or</i>	0	0-3 Tbsp.	2-4 Tbsp.
	Meat/Meat Alternate Lean Meat, Poultry or Fish <i>or</i>	0	0	1-4 Tbsp.
	(a serving is the amount of meat/ meat alternate without bones, breading, etc.) Egg Yolk <i>or</i>	0	0	1-4 Tbsp.
	Cooked Dry Beans, Peas or Lentils <i>or</i>	0	0	1-4 Tbsp.
	Cheese <i>or</i>	0	0	1/2-2 oz.
	Cottage Cheese <i>or</i>	0	0	2-8 Tbsp.
	Cheese Food or Cheese Spread	0	0	1-4 oz.

Infant formula and dry infant cereal shall be iron-fortified.

Breastmilk or formula, or portions of both, may be served. However, it is recommended that breastmilk be served in place of formula from birth through the infant's first birthday.

For breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered if the infant is still hungry.

Because the introduction of solid foods serves an important purpose in an infant's daily diet, solid foods are required as part of a reimbursable meal for infants who are developmentally ready for them. The decision to feed specific foods should always be made in consultation with an infant's parent or guardian.

Full-strength fruit juice may be substituted for breastmilk or infant formula as a snack for infants 8 months of age and older.

For infants receiving solid foods, the provider must supply at least one component of the meal to request reimbursement, either formula or a food item.

A CACFP income eligible day care home provider can only claim meals served to their own child at a mealtime when other enrolled, non-resident children are present.

See DOH-CACFP Policy Memos No. 37, No. 83 and No. 86 for additional information.